

**The Spirit groans too.**

We saw that the creation groans, waiting on God's children to be revealed in order to be set free from the curse of our sin. Christians also groan, longing to be changed from weak sinners, into the likeness of Christ.

The amazing truth is that the Comforter, God's Holy Spirit groans too.

Rom 8: 26 – 27: *The Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will.*

We are taught that the Holy Spirit comes alongside us to help us to be Christians in this harsh anti-Christian world. Believers need this basic help and support every day. The Spirit knows our tendency to be evil and he helps us not to be! He knows that we often wander, and he helps us not to get lost. He knows that we grow tired of doing God's will, and he helps us to remain faithful!

We are weak and we are sinners, but the Holy Spirit strengthens us so that we are able to live for God's glory.

Yes, the Spirit prays for us. As a result of being sinful and weak, we are not able to pray in a manner that is according to the will of God. But the Holy Spirit knows the will of God, and he knows what we need. He takes our prayers, which are imperfect and self centred, and he tells the Father what we really need.

What a blessing! Who really knows how to pray about everything we need and the needs of others we hear about? Who knows the mind of God well enough to know how to pray according to his will? The Holy Spirit knows the mind of God, because he is God. He is able to translate our prayers into the perfect will of God. This is genuine, biblical praying in the Spirit!

There will be times when it is hard for us to worship, pray and do the work of God, but we have a Helper! We have One within us who is available to help us to meet the challenge of serving God according to his will and his purpose with our lives. He enables to live victoriously.

Whoever thought that it is easy to live the Christian life, is mistaken! Yet, it is never impossible!

Will we suffer? Yes! Will we groan while we are here? Yes! Will there be times when we feel like quitting being a child of God? Yes! Will we feel that we do not have to go to church or bring the kids to Children's Church? Yes!

When these things happen, remember that we have the Spirit of God within us and he remains diligent to keep us committed as we journey in this world toward God's destination for our lives!

Take courage! The Spirit prays for you!